

# Mesa Home Storage Center

-Dry-Pack Cannery-

Phone 480-214-9114

Open 10AM-2PM, Tue-Sat

Year 2014

We are open to the public.

We sell dry-foods and canning items.

235 S. El Dorado Circle; Mesa, AZ 85202

[www.ProvidentLiving.org/self-reliance/food-storage/home-storage-center-order-form?lang=eng](http://www.ProvidentLiving.org/self-reliance/food-storage/home-storage-center-order-form?lang=eng)

## Water and Food Storage

[www.ProvidentLiving.org/Becoming-Self-Reliant/Food-Storage/Longer-Term-Food-Supply](http://www.ProvidentLiving.org/Becoming-Self-Reliant/Food-Storage/Longer-Term-Food-Supply)

### A) 1-Month Water

Drinking water 30 gallons per adult and child

Washing water 30 gallons per adult and child

Total 60 gallons per adult and child

### B) 1-Month Basic Foods Adult amounts

can = one gallon size container

Wheat 2 cans White or Red Wheat

White Rice 2 cans

Macaroni 1 can

White Flour 1 can

Quick Oats 1 can or Regular Oats

Pinto Beans 1 can or Black Beans or White Beans

White Sugar 1 can

Powdered Milk 1 can

Cooking Oil 1 quart

Salt 1 pound

### C) 3-Months Basic Foods Adult amounts

can = one gallon size container

Wheat 6 cans White Wheat or Red Wheat

White Rice 6 cans

Macaroni 3 cans

White Flour 3 cans

Quick Oats 3 cans or Regular Oats

Pinto Beans 3 cans or Black Beans or White Beans

White Sugar 3 cans

Powdered Milk 3 cans

Cooking Oil 3 quarts

Salt 3 pounds

### D) 12-Months Basic Foods Adult amounts

Grains 400 pounds (includes: wheat, flour, rice, oats, corn, pasta)

Legumes 60 pounds (includes: dry beans, lentils, split peas, etc.)

Powdered Milk 20 pounds

Cooking Oil 12 quarts

Salt 12 pounds