

# My Family Emergency Plan

Having a simple, thoughtful plan for what you and your family would do in an emergency provides peace of mind and ensures your ability to remain calm. Take a few moments to think about the resources available to you, complete the form below, and discuss with all members of your household.

## Your Family

Family Member Name	Age	Work/School Address/

## Emergency Contacts

What	Name	Phone
Phone Contact Out-of-State		
Neighbor		
Nearby Relative		
Doctor		
Doctor		
Home Teacher		
Visiting Teacher		
Bishop		
<b>In a life threatening emergency, dial 9-1-1</b>		
Police Department		
Fire Department		
Hospital		

## Meeting Place Locations

Right outside your home	
Away from the neighborhood, in case you cannot return home	

## Situations to think about

If....	We would....
The electricity goes out	
The phones go out	
The kids are home alone	
Family is separated	Meeting Place:
You're alone and afraid	Call: Visit:
The radio or TV says to go to a shelter	

## Things to know

To do this	I need to....
To shut off the gas	
To turn off the electricity	
To turn off the water	
To escape from a fire	
To escape from a flood	
To keep pets safe	

## Stock up!

### Items to keep in your car and in your home for emergency preparedness

Water & Juice	Waterproof Matches	First Aid Kit
Food (Dehydrated/canned)	Battery/Solar Radio	Cutting Tool / Tape
Non-electric Can Opener	Extra Batteries	Blanket / Solar Blanket
Mess Kit / Eating Utensils	Flashlight / Light Sticks	Rain Poncho / Shoes
Pet Supplies	Tools	Garbage Bags